

Rehab Diplomate Program in San Jose, CA Registration Form

- June 8, 2013 Hip:** Application of diagnosis, assessment, and rehabilitation principles to common orthopedic conditions such as hamstring, groin sprains/strains, hip labral tears, and pubic symphysis conditions. Functional anatomy and management of hip pain. Open closed chain/functional movements, lower extremity functional-whole body exercises.

- July 13, 2013 Knee & OA:** This course presents rehabilitation for the management of osteoarthritis and the knee. Assessment of the knee and specific corrective exercises will be taught. Rehabilitation for common sports and industrial injuries will be presented.

- August 3, 2013: Ankle-Feet, Plyometrics & Balance.** This is an in-depth course in the evaluation of gait and functional anatomy of the foot and ankle. Principles and protocols in balance & stabilization training, ball, band /tubing, & bodyweight training as it relates to the lower extremities.

- September 7, 2013: Shoulder.** This course provides an in-depth analysis to the upper quarter and shoulder functional anatomy and movement assessments. This is a workshop for shoulder rehabilitation (application of rehabilitation principles to common orthopedic conditions) using low load exercises, bands, free weights and kettlebells.

- October 5, 2013: Chronic pain and Post-surgical rehab protocols.** Management of obesity, chronic pain, Fibromyalgia Syndrome, and other difficult cases. Low load exercises and the Egosque Method techniques.

Name: _____

Address: _____

Phone: _____ **Email:** _____

Please register in advance by check or Credit Card: Call **August at 310-444-9393**

Or send this form by mail

Credit Card #: _____ **Exp:** ____/____

CVV: _____

Register by check: Payable to: **Dr. Jeffrey Tucker**

11600 Wilshire Blvd. #412

Los Angeles, CA 90025

Course Location: Premiere Spine & Sport 4982 Cherry Ave. San Jose, CA 95118

Phone 1-408-448-4445

Doctors/P.T./A.T. cost per course: \$325 at Registration

Students cost per course: \$230 at Registration

Early Bird Registration – Register 30 days in advance & Save \$30 per course! Or

Pay \$1,295 for all 5 Courses (Save \$330.00!)

Seminar: 8:00 a.m. – 7:00 p.m.

Includes two 15-min. breaks; (late morning & late afternoon); Lunch: 1:45 p.m. to 2:30 p.m. Lunch provided by host.